

LEARNING OUTCOME – Harmonic Technique with Eyal Lederman:

- Understanding of the biomechanical, physiological and neurological processes associated with Harmonic Technique
- Understanding of the influence of Harmonic Technique on tissue repair, tissue fluid dynamics and adaptation
- An understanding of neurological (analgesic influences) and psychological influences of Harmonic Technique
- Be able to effectively apply Harmonic Technique to most joints in the body
- Be able to identify conditions which may benefit from Harmonic Technique
- Be able to apply Harmonic Technique to specific conditions commonly seen in manual and physical therapy practice